

HUNGER ACTION MONTH BINGO



Advocate



Donate



Volunteer

Show off

Wore Orange on Hunger Action Day 9/17/21 and tagged @GoBeyondHunger

Visit

our table on 9/9 at



& support local restaurants

Volunteer

Signed up to become a volunteer at Beyond Hunger

Connect

Helped point someone who needs help to our social services team

Advocate

Called or emailed to let our Senators know you have their backs for anti-hunger legislation



Follow Us

Found and followed @GoBeyondHunger on social media

Donate Funds

Made a small donation to Beyond Hunger. Just \$1 is enough to provide 3 meals

Cook

Made a Beyond Hunger recipe using ingredients commonly found in the pantry

Dine Out for Hunger

Supported local restaurants and donated to end hunger —visit our website for list of participants

Volunteer

Completed a volunteer shift



Employee Match

Checked on employer matching programs for volunteer hours or donations

Share

Informed your network about Hunger Action Month events and invited a friend



Read a Book

Found anti-hunger reading inspiration at the Oak Park Public Library oppl.org

Eat Green

Learned about SWAP the nutrition ranking system we use in the pantry and ate green rated foods

Dine Out for Hunger

Supported local restaurants and donated to end hunger —visit our website for list of participants

Volunteer

Attended Volunteer Orientation

Fundraise

Created a Facebook fundraiser to increase awareness about local hunger

Review

Read our fall newsletter and see what's NEW at Beyond Hunger

Engage

Attended BarrieFest on 9/11 and stopped by Beyond Hunger's table



Learn

Watched our staff RNs discuss Nutrition Education in the news and at Beyond Hunger

Socialize

Stopped by the Spoke Sunday Social and enjoyed some beverages on 9/19



Dine Out for Hunger

Supported local restaurants and donated to end hunger —visit our website for list of participants

Donate Food

Dropped off a few cans of healthy low sodium vegetables

Connect

Encouraged someone who is hungry to visit our food pantry for groceries



GET BINGO AND GET BEYOND HUNGER SWAG!

5 in a row (across, up & down, diagonal)

Visit GoBeyondHunger.org for information and event details.