

DECEMBER

25 DAYS OF KINDNESS*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY 01 Encourage others to practice kindness —share this calendar .	THURSDAY 02 Write someone a kind note.	FRIDAY 03 Donate your unused clothing	SATURDAY 04 Drink Whirlwind's Bread and Butter Blend coffee while brunching at Kettlestrings Tavern in Oak Park.
SUNDAY 05 Head over to Exit Strategy Brewing for the Special Tapping of Dirty Chai Rufus Porter. \$1 per pint and \$2 per 32oz crowler benefits Beyond Hunger	MONDAY 06 Pick up trash in your alley or on a street near you.	TUESDAY 07 Shop at Ten Thousand Villages, Oak Park to benefit Beyond Hunger.	WEDNESDAY 08 Head to a local florist and give someone flowers.	THURSDAY 09 Become a volunteer. Sign up to attend next Wednesday's Volunteer Orientation. GoBeyondHunger.org	FRIDAY 10 Give a toy to charity.	SATURDAY 11 Grab a cup of coffee at Whirlwind Coffee and buy a bag of their Bread & Butter blend
SUNDAY 12 Cook an extra meal and share it with a neighbor who lives alone.	MONDAY 13 GET OUTSIDE Feed the birds in a local park.	TUESDAY 14 Mail holiday card of appreciation to Beyond Hunger Volunteers. PhotosforFOOD is donating for each card sent.	WEDNESDAY 15 Attend Beyond Hunger's Volunteer Orientation starting at 6pm. GoBeyondHunger.org	THURSDAY 16 Sell your like new sports gear you aren't using to Play it Again Sports, Forest Park and donate the payout to Beyond Hunger	FRIDAY 17 Find ways to be kind to yourself today.	SATURDAY 18 Let someone go in front of you in line.
SUNDAY 19 Give a family member your full attention.	MONDAY 20 Go to the Paul Hruby Cup Series at the Edge Ice Arena Details at GoBeyondHunger.org /events	TUESDAY 21 Call a relative who is far away to say hello and chat.	WEDNESDAY 22 Wave at someone passing by.	THURSDAY 23 Sing with all your heart!	FRIDAY 24 Send 5 "Thank You" notes to people who have done kind things for others this year.	SATURDAY 25 Plan extra acts of kindness for 2021!



* Learn more about Beyond Hunger. Visit GoBeyondHunger.org

