

EASY BLACK BEAN & AVOCADO SALAD

Ingredients

2 Avocados (firm, but not hard), chopped
1 (15 ounce) can black beans or chick peas, drained and rinsed
1 (15 ½ ounce) can whole kernel corn, rinsed
1/4 cup green onions, chopped
3 Roma tomatoes, chopped
1/4 cup cilantro, chopped
Juice of 1/2 lime, freshly squeezed
Salt to taste
1 Tablespoon Extra Virgin Olive Oil

Meal cost: \$4.04

Directions

Mix together all of the above ingredients. Add extra lime juice, if needed. The lime juice helps to keep the avocado from turning brown. Refrigerate for a couple of hours and serve cold.

Serving ideas: Serve alone, as a side dish to your favorite barbecue or with tortilla chips.