



Nothing runs on empty



...especially an empty stomach.

**Take Action! Help us on our
drive to end hunger.**

www.GoBeyondHunger.org

September is Hunger Action Month.
Visit our website for 5 ways you can take
tangible steps to help end local hunger.



Beyond Hunger (formerly Oak Park River Forest Food Pantry) is committed to providing nutritious food and supportive services to those struggling with hunger in the 13 communities we serve.