



MOST NEEDED ITEMS

- Canned Chicken, Salmon, Tuna
- Canned Soups (low sodium preferred)
- Canned Vegetables: Mixed, corn, green beans
- Canned Fruit (in natural juices)
- Whole grain pasta
- Brown rice
- Cheerios (whole grain cereal)
- Jelly (plastic containers)
- Peanut butter (small and medium sizes)
- Vegetable oil (12 - 16 oz)
- Dry beans (all varieties)
- Diapers (size 3-7)