







DECEMBER

25 DAYS OF KINDNESS*

SUNDAY	MONDAY	TUESDAY 01 #GivingTuesday Make a donation to feed hungry families this holiday. GoBeyondHunger.org	WEDNESDAY 02 Encourage others to practice kindness —share this calendar .	THURSDAY 03 Write someone a kind note.	FRIDAY 04 Donate your unused clothing	SATURDAY 05 Write and send a get well card. 
SUNDAY 06 Shop at Ten Thousand Villages, Oak Park to benefit Beyond Hunger.	MONDAY 07 Pick up trash in your alley or on a street near you.	TUESDAY 08 Get PIZZA from Lou Malnati's to benefit Beyond Hunger and Housing Forward organized by OPRF Freshman Class Council.	WEDNESDAY 09 Head to a local florist and give someone flowers. 	THURSDAY 10 Become a volunteer. Sign up to attend next Wednesday's Volunteer Orientation. GoBeyondHunger.org	FRIDAY 11 Give a toy to charity. 	SATURDAY 12 Pay it Forward Pay for the car behind you in the Drive-Thru.
SUNDAY 13 Cook an extra meal and share it with a neighbor who lives alone. 	MONDAY 14 GET OUTSIDE Feed the birds in a local park.	TUESDAY 15 Give compliments to as many people as possible today.	WEDNESDAY 16 Attend Beyond Hunger's Volunteer Orientation starting at 6pm. GoBeyondHunger.org	THURSDAY 17 Send a thank you note to a first responder or front line worker.	FRIDAY 18 Find ways to be kind to yourself today.	SATURDAY 19 Let someone go in front of you in line.
SUNDAY 20 Give a family member your full attention.	MONDAY 21 Make a card or decoration for someone special.	TUESDAY 22 Call a relative who is far away to say hello and chat.	WEDNESDAY 23 Wave at someone passing by. 	THURSDAY 24 Sing with all your heart! 	FRIDAY 25 Send 5 "Thank You" notes to people who have done kind things for others this year.	SATURDAY 26 Plan extra acts of kindness for 2021!

* Learn more about Beyond Hunger. Visit GoBeyondHunger.org

