



Scan for more recipes!

Avocado Potato Salad

Creamy, flavorful, and packed with fresh ingredients, this avocado potato salad is a delicious twist on a classic! With a velvety avocado dressing and crisp veggies, it's the perfect side dish for any gathering.

Serves: 8

Ingredients

- · 2 pounds baby red potatoes, halved
- 4 green onions, chopped (reserve white portion)
- 2 medium avocados
- 1/4 cup fresh parsley
- 1/4 cup fresh cilantro
- ½ cup light mayonnaise
- 1/2 teaspoon garlic powder
- 1/2 teaspoon onion powder
- ½ teaspoon paprika (or smoked paprika)
- 1/2 teaspoon salt
- · 1 celery stalk, finely chopped
- 1-2 radishes, sliced

Directions

- 1. Place the halved potatoes in a large saucepan, cover with water, and bring to a boil.

 Reduce the heat and cook uncovered for 8-10 minutes, or until tender. Meanwhile, chop the green onions, keeping the white and green parts separate.
- 2. In a blender, combine the green onion tops, avocados, parsley, cilantro, mayonnaise, garlic powder, onion powder, and paprika and salt. Blend until smooth, scraping down the sides as needed.
- 3. Drain the cooked potatoes and transfer them to a large bowl. Add the celery, white portions of the green onions, and the dressing, then toss until evenly coated.
- 4. Cover and refrigerate for at least 1 hour. Before serving, top with sliced radishes and extra parsley and cilantro. Enjoy!

Nutrition Info per serving:

Calories: 177, Saturated Fat: 1.3 g, Sodium: 302 mg, Added Sugars: 0g, Fiber: 4.7 g

Protein: 3.1 g

Recipe adapted from: https://www.tasteofhome.com/recipes/green-goddess-vegan-potato-salad/

For more info about Beyond Hunger visit: <u>https://www.gobeyondhunger.org</u>