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For over 40 years Beyond Hunger has created solutions to end hunger at every stage of life through comprehensive programs that now include: providing emergency food to families in need, summer meals for kids who lack them when school is out, connecting individuals to valuable benefits like SNAP ("food stamps"), conducting nutrition education and cooking classes to combat chronic illness, and delivering groceries to homebound older adults. Organization-wide we focus on health and nutrition, and provide food that nourishes and sustains, that families love.

Health Ambassador Description

We are looking for 7 Healthy Ambassadors to join us.

As a Health Ambassador, you'll receive training focused on nutrition education, cooking skills, and diabetes management. After the completion of your training, you will receive a stipend to do outreach and host healthy eating and diabetes management workshops in Austin.

What you will get:

- 6-week training program in Austin with a full stipend
- Transportation reimbursement of your choice
- Graduation present upon completion of the program
- Stipend to promote healthy eating in Austin
- An introduction to nutrition and diabetes management
- Food handling and professional equipment training
- Knife skills training
- Professional speaking and presentations skills
- Community outreach skills
- Connections with fellow Health Ambassadors
- Ongoing training and one-on-one coaching with a dietitian and other nutrition experts

About you:

- You are vaccinated against COVID-19.
- You are an Austin resident residing in zip codes 60644, 60651 or the Austin community of 60639.
- You love helping others. Everyone at Beyond Hunger finds a way to help others, but as a Healthy Ambassador, it's part of your daily routine. You are actively involved in helping others in Austin and have built strong connections through church, school, volunteering, and/or other community events.
- You believe in creating and maintaining a positive environment. You can work with and encourage interaction between people of all ages, abilities, and backgrounds. You often make others around you feel empowered and welcomed after talking to them.
- You love to learn about health. While not always perfect, you often seek out ways to live a healthier lifestyle and enjoy sharing the information you learned.
- You are results oriented. You hold yourself accountable to your commitments and stay motivated with ease.

About you, Continued:

- You're persistent. You love the opportunity to solve new problems and learn new things every day. You don't give up when you don't understand the issue right away, and don't shy away from asking for help

What you will be doing:**Training with Compensation**

- Attend all 6 scheduled Health Ambassador member meetings that are held every Tuesday from 1:00pm–4:00pm starting on 9/27/2022.
- Learn from a Registered Dietitian and many other special guests on nutrition, diabetes management, chronic diseases, healthy meal planning, knife skills and more.
- Complete self-assessment evaluations following every module and seek help if you do not understand any materials.
- Meet one-on-one with your training coaches as needed.
- Provide feedback on your training following the end of graduation.

Diabetes Management Workshops

- Plan, coordinate, and host at least 4 diabetes management workshops in Austin.
- Offer a cooking demo at least one of the workshops.
- Evaluate participants who attended the workshop.
- Submit evaluation data and program feedback to your Healthy Ambassadors Coach.

Community Outreach

- Work with your Health Ambassadors Coach to identify organizations to host workshops.
- Meet with the organizations to pitch the workshop.
- Coordinate scheduling the workshop with each organization.

Environment:

We have a multi-level work area with administrative offices/workspace not fully accessible to the mobility impaired. Reasonable accommodations can be made to enable individuals with disabilities to perform the essential functions. The workplace is a smoke and drug free environment. We are an equal opportunity employer.

Location:

Trainings will be held in person at Beyond Hunger's Chicago office location:
5317 W. Chicago Ave.

The Covid-19 pandemic is evolving and comes with certain risks. Due to this situation, participants will be asked to wear face masks unless actively eating or drinking while indoors for the duration of the trainings.