



The Independent Living Program

The Mayor's Office for People with Disabilities (MOPD) offers many programs to help people with disabilities reach their maximum level of independence. One such program is the Independent Living Program (ILP).

For more information about the **Mayor's Office for People with Disabilities** and what we do visit our website at:

www.chicago.gov/mopd



The Mayor's Office for People with Disabilities Independent Living Program will help you achieve your greatest level of independence. It will provide essential resources, either via verbal/printed information or a referral for service. The Independent Living Program is intended to help bridge gaps where basic needs are not being met. These may include:

- **Transportation**
- **Employment**
- **Recreation**
- **Housing**
- **Daily Living Skills**

Additionally, when you visit or call our office, MOPD staff is available to assist with questions and concerns you may have.

MOPD wants you to know that you are not alone in your efforts to reach your maximum independence. Allow us to help you connect to the right resources.

MOPD
Mayor's Office for
People with Disabilities

Depending on your individual needs, some or all of these services will be offered through MOPD's Independent Living Program:

Case Management

Case Managers work with clients individually to empower them with skills, education, and support services needed to achieve a healthier, more independent lifestyle.

Assistive Technology

Residents may obtain personal devices or equipment, which help people function more independently in their living environment. Recommendations for assistive technology are made on a case-by-case basis. Training is provided to the recipient and care-takers on the use of the equipment. Cost for assistive technology may not exceed \$500 per person.

Personal Assistance/Homemaker Services

In-home personal assistance and homemaker services includes personal care, escorting, getting dressed, housekeeping tasks, money management, shopping, assistance in preparing and eating meals, and other daily living tasks that will increase the client's ability to live independently.

Home Delivered Meals

The Home Delivered Meals program provides nutritious meals to eligible homebound individuals with disabilities who do not have a support system in place and cannot obtain meals. Meals on Wheels Chicago works in partnership with the Mayor's Office for People with Disabilities to provide home delivered meals for individuals with disabilities.

Q & A

Are there any costs to **MOPD In-Home Services**?

Daily Living Skills Training, Case Management, and Assistive Technology are free of charge. Homemaker/Personal Assistance Services require a \$1 per hour co-payment.

Who is this program for?

MOPD provides Independent Living Program services to Chicago residents with disabilities, up through 59 years of age. Anyone is welcome to call or visit our office to learn more about available resources and services.

“I learned so much about how to get the services I need.”

- Sandra



“The information provided is invaluable. Now I can ride the bus at half-fare.”

- James



For more information, please contact

MOPD

in person:

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Chicago, IL 60612

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by phone:

312-746-5773

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MOPDResources@cityofchicago.org

The Independent Living Program

Your Path Towards
Increased Independence



Lori E. Lightfoot
Mayor of Chicago

MOPD
Mayor's Office for
People with Disabilities

Mayor's Office for
People with Disabilities
Karen Tamley
Commissioner