



Healthy Chef

CHALLENGE

Thursday, May 30, 2024

GOOSE ISLAND BARREL HOUSE

We believe hunger is solvable, and the solution includes all of us. Learn how you can support a hunger-free community as a participant in this culinary competition for good.

Beyond Hunger Services:

Pantry Programs

Nutrition and Health Education

Kids' Food Programs

Home Delivery

Social Services

Advocacy for Food Security



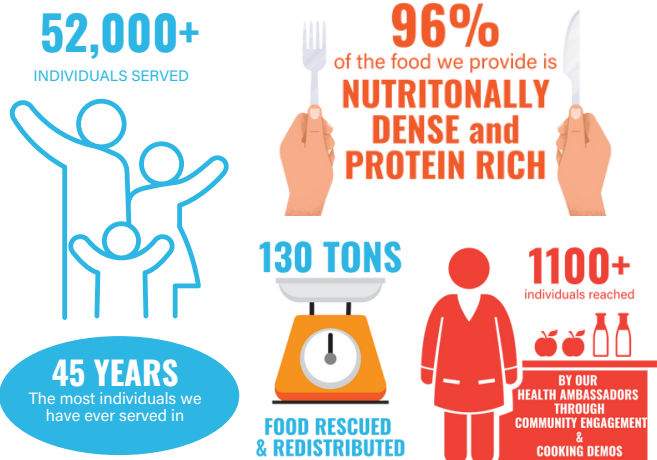


We provide hunger-relief programming and services to 13 zip codes across Cook County, including portions of Chicago and its near-west Suburbs. Our service offerings seek to provide the food, resources, knowledge, and skills people need to live healthy, active lives.

For 45 years Beyond Hunger has created solutions to end hunger at every stage of life through comprehensive programs that now include: providing emergency food to families in need, summer meals for kids who lack them when school is out, connecting individuals to valuable benefits like SNAP (“food stamps”), conducting nutrition education and cooking classes to combat chronic illness, and delivering groceries to homebound older adults.

Organization-wide, we focus on health and nutrition, and provide food that nourishes and sustains that families love.

COMMUNITY IMPACT FY 23



THE HEALTHY CHEF CHALLENGE

Help decide this year's Healthy Chef Challenge Champion by being a competition judge!

This culinary competition will put your taste buds to the test as you sample dishes by Chicago area chefs.








Along with a crew of other celebrity judges, you will help determine which chef makes the most delicious and nutritious entrée using ingredients commonly found in our food pantry—think canned yams and peanut butter.

Guests will have the opportunity to watch the competition, eat, drink, and sharpen their own culinary skills through demonstrations by our Health Ambassadors.

Use all of your senses and join as a judge today!

EVENT BENEFITS

-  Bio about you in event program
-  Promotion across Beyond Hunger networks (website, social media, email, & print)
-  Exposure to a variety of Chicago area chefs as well as Oak Park/River Forest foodies
-  Listing in thank-you ad post-event in Wednesday Journal
-  VIP Meet & Greet with judges, chefs and special guests

2023 WINNERS AND PARTICIPANTS

VICTOR OF VARIETY

Yvonne Ivy (PHS Dessert Bar) – Round Winner,
Arshiya Farheen (Verzenay Chicago)

MASTER OF THE MENU

Connor Hepburn (The Alinea Group) -Round Winner
Zita Stevens-Smith (Zita Cooks Catering)

JUDGES

Phil Vettel Emily Hallock
Liz Abenaw Sam Yousef

EMCEE

Monica Eng