

Tuna Pasta Salad with Peas

A quick and easy pasta salad that is also whole grain and delicious!

Makes 4 servings, 2/3 cup each

INGREDIENTS

1/4 -1/2 cup light mayonnaise

¼ tsp. dried dill

1 cup elbow or other short pasta shape, cooked and drained

1 cup canned peas, drained

½ cup chopped red or white onion

1 can (6oz.) tuna packed in water, drained and flaked

MAKE IT!

MIX mayonnaise and dill in a large bowl.

ADD remaining ingredients; mix lightly. Cover.

REFRIGERATE several hours or until chilled.