

BEYOND HUNGER

Yogurt and Fruit Breakfast Pizza

This easy and delicious breakfast pizza will have you and your kids wanting one every morning!

The sweetness of fruit combined with the creaminess of yogurt and crunchiness of granola make for one sweet, healthful, and inexpensive breakfast treat.

Yields: 1

Serving Size: 1 pizza

Ingredients:

- 1 Greek Pita Flatbread, room temperature
- ¼ cup yogurt
- 1 c assorted fruit (i.e, blueberries, strawberries, raspberries, banana)
- 2 Tbsp granola of choice

Instructions:

1. Spread yogurt over flatbread
2. Top with assorted fruit of choice.
3. Sprinkle with granola.
4. Slice and serve immediately.

Per Serving: Calories 160kcal, Carbohydrates 14g, Protein 9g, Saturated Fat 2g, Sodium 45mg, Fiber 2g, Sugars 8g

This recipe was adapted from FindingZest.com.